

The Riverside's Daily Therapeutic Recreation Calendar! September 2024



	September 2024								
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
9:30am	Good Day Riverside 2,3,4,5,6,8,9,11,12,13,14	Good Day Riverside 2,3,4,5,6,7,8,9,10, 11,12,13,14	Good Day Riverside 2,4,5,7,8,9,10,11,12,13	Good Day Riverside 2,3,4,6,8,9,10, 11,12,13,14	Good Day Riverside 2,3,4,5,6,8,9,10, 11,12,13,14	Good Day Riverside 2,3,4,5,6,7,8,9,10, 11,12,13,14	Good Day Riverside 2,3,4,5,6,7,8,9,10, 11,12,13,14		
10:30am	Good Day on 7fl 1:1s on 4ft & 9fl	1:1 visits 7fl , 9fl, & 14fl	Good Day on 3fl 1:1 visits on 8fl Board Games on 13	Good Day on 5fl & 7fl 1:1 visits on 12fl 1:1 trivia on 13fl	1:1 visits 2fl & 6fl	1:1 visits 5fl, 7fl, 10fl	Sunday Music, Games, and Crafts (Solarium at 11AM)		
11:00am	Bowling on 9fl w/ Melissa	Music w/ Evan on 2fl Yoga on 5 fl Volleyball on 4fl	Sunshine Club at Riverside Park Live Music on 5 fl Café Hour on 12fl	Music w/ Evan on 7 fl Yoga on 4 fl 1:1s on 10fl Virtual Travel on 9fl	Jewish Service on 2fl Choir Hour on 11	Baptist Church Solarium at 11AM (second Saturday of the month)	1:1 Rolling Recreation (select floors)		
12:00pm	Cognitive Corner on 11 fl	Name That Tune Trivia on 2 nd fl	1:1 Reminiscence Visits on 9 fl 1:1 visits on 14 fl	HISPA <mark>NIC</mark> HERITAGE	Hallway music 12fl and 13fl				
1:00pm	Labor Day	Hallway music 5fl and 7fl		1:1 visits on 14fl Patio Visits (select fl)	Hallway music 8fl and 9fl	Rolling Recreation (select units	Rolling Recreation (select units)		
2:00pm	Snack Cart on 14 fl Movement & Music on 4 Music w/ Evan 2 fl	Snack Cart on 6, 7fl Arts & Crafts on 8 fl Spa Visits on 12 fl	Snack Cart: 3,5,9 fl Patio Visits (select fl) Game Hour on 10fl	Snack Cart: 2,8,11,13 fl 2:30PM Trivia on 5fl Open Studio on 10 fl	Art & Crafts on 12 fl Spa Visits on 11 fl Name That Tune 5fl	Saturday Games, Crafts, and Clubs (Solarium 2:30PM)	Sunday Mass 15 th Floor Multipurpose Room at		
3:00pm	Music Hr. w/ Evan on 3 fl Monday Movie Ch 5 Horticulture on 13 Bingo on 6 fl	Urban Zen Class on 11 fl Music w/ Evan 3 fl Bowling on 2 fl 1:1 Arts & Crafts on 7 fl	Music w/ Evan 2 fl 1:1 spa visits 8 fl Bingo on 13 fl Music Trivia on 6 fl	Music w/ Evan on 3 fl Arts & Crafts 7 fl Bingo on 2fl	Snack Cart 10 & 12 fl Friday Movie Ch 5 Music w/ Evan on 3 Bingo on 6 & 7 fl	Weekend activity packets	2:30PM		
4:00pm	1:1 Visits on 7 fl Arts on 13 fl	Karaoke on 6 fl 1:1 Visits on 5 fl Balloon Toss on 10 fl	Jeopardy/Trivia on 14 Hallway music 4, 6, 7	Music Group / 1:1 on select floors Spa Visits on 9 fl	1:1 Visits & Rolling Recreation on 10 fl 1:1 Communion		LEVENTS September 2 nd ation Classes – 2:30PM (Solarium)		
5:00pm	Bingo on 8 fl 4:30-5:30pm	Snack Cart on 4 fl	Live Music on 11 fl 6:30pm-7:30pm	Crafts or Movies on 9 th fl	on all units (Tuesdays & Fridays)	 Adult Educ Tuesdays d 			
*Activity calendar subject to change. Outdoor programs are weather-permitting.			Film & Discussion on 14 th floor	AUTUMN		 Resident Council – September 24th Birthday Party of the Month – September 26th 			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:40am Sunshine Club (Riverside Park) 2:30pm Catholic Mass (15 th fl Multipurpose Rm)	2:30pm Labor Day	Snack-a-tack 4 & 5 fl 3 11:00am Yoga 5 th fl 2:30pm Adult Education Class: Art w/ Susan (Solarium)	Snack-a-tack 3, 7, 9 fl 10:40am Sunshine Club (Riverside Park or Patio) Special Lunch: Riverside BBQ (Floors 8, 9, 12) 6:30 Live Music on 11 fl	Snack Cart 2, 8,11,13fl 11:00 Yoga on 4 th fl 2:30pm Riverside Store (15 th floor) 4:30 Strolling Music (select units)	5 Snack Cart 10 &12 fl 6 11am Jewish Service (2fl) 2:30PM Library Hour (15 fl) 3pm Friday Movie (ch.5): Batman Begins	10am Rolling Recreation 7 (all units) 2:30PM Ayana Lowe Sings Autumn Leaves (Solarium)
Bingo! (Solarium) 2:30pm Catholic Mass (15 th fl Multipurpose Rm) Grandparents Day	10:40amSunshine Club 2:30PM Veteran's Club w/ Sherif (15 th Floor) 3pm Monday Movie(ch. 5): Seven Brides for Seven Brothers	11:00am Yoga 5 th fl 2:30pm Adult Education Class: Floral Arranging w/ Bean (Solarium) 4:30 Mocktail Hour w/ Richard Frank (Solarium)	Snack-a-tack 3, 7, 9 fl 11 10:40am Sunshine Club (Riverside Park or Patio) Special Lunch: Riverside BBQ (Floors 4, 10, 13) 6:30 Live Music on 11 fl	Snack Cart 2, 8,11,13fl 1 11:00 Yoga on 4 th fl 2:30pm 11 th Floor Birthda Party of the Month	11am Jewish Service (2fl)	11am Baptist Service 14 (15 th fl Multipurpose Rm) 2:30pm Sunshine Club (Riverside Park)
(Solarium) 2:30pm Catholic Mass (15 th fl Multipurpose Rm)		11:00am Yoga 5 th fl 2:30 pm Adult Education Class: Soap Making w/	Snack-a-tack 3, 7, 9 fl 18 10:40am Sunshine Club (Riverside Park or Patio) Special Lunch: Riverside BBQ (Floors 2, 7, 14) 6:30 Live Music on 11 fl	Snack Cart 2, 8,11,13fl 1 11:00 Yoga on 4 th fl 2:30pm Riverside Store (15 th floor) 4:30 Strolling Music (select units)	9 Snack Cart 10 &12 fl 20 11am Jewish Service (2fl) 1:30pm Virtuwell 2:30pm Virtuwell (select units) 3pm Friday Movie (ch.5): Girls Trip	10am Rolling Rec 21 (all units) 2:30pm Move to Motivate (Solarium) Oktoberfest Begins
Club (Riverside Park)	2:30PM Casino Night (Solarium) 3pm Movie: Mutiny On the Bounty	Snack-a-tack 4 & 5 fl 11:00am Yoga 5 th fl 2:30pm Resident Council (15 th fl Multipurpose Rm) 2:30pm Adult Education Class: Science Lab w/ Alba (Solarium)	Snack-a-tack 3, 7, 9 fl 25 10:40am Sunshine Club (Riverside Park or Patio) Special Lunch: Riverside BBQ (Floors 3, 5, 6, 11) 6:30 Live Music on 11 fl	Snack Cart 2, 8,11,13fl 2 11:00 Yoga on 4 th fl 2:30pm Birthday Party of the Month w/ Latina Ferrer (Solarium)	11am Jewish Service (2fl) 2:30PM Library Hour (15 fl)	10am Rolling Rec 28 (all units) 2:30 Joyful Choir (Solarium) 3:15: Strolling Music (select units)
Perfection (15 th fl MPR) 2:30pm Catholic Mass (15 th fl Multipurpose Rm)	Snack-a-tack 6 & 14 fl 30 10:40am Sunshine Club (Riverside Park or Patio Visits) 3pm Monday Movie (ch.5): A Piece Of The Action	September 2024				
The Riverside Rehabilitation and Healing Center 150 Riverside Dr. New York, NY 10024 *Activity Calendar Subject to Change					r Subject to Change	









	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
9:00 am – 10:00 am	Breakfast with the CNA's							
10:15 am – 11:00 am	Good Day Riverside Visits	Good Day Riverside Visits	Good Day Riverside w/ Melissa Good Day Kylie Good Kylie		Good Day Riverside w/ Kylie	Good Day Riverside w/ Kylie	Easy Listening	
11:00 am – 12:00 pm	Talk, News & Radio	Readings w/ Arianna	1:1 Visits	Crafts Corner	Choir Hour	Easy Listening	Easy Listening	
12:30 pm – 1:00 pm	Cognitive Corner w/ Melissa	Afternoon Video Concert	Rolling Recreation	Afternoon Concert	Easy Listening	Easy Listening	Easy Listening	
1:00pm – 1:30pm	Pre-Lunch Tunes	Pre-Lunch Tunes	Pre-Lunch Tunes	Patio Visits (Weather permitting)	Sensory Zone!	Tabletop Games	Pre-Lunch Tunes	
1:30 pm – 2:30 pm	Lunch with the CNA's							
2:30 pm - 3:00 pm	Live Music	Sunshine Club Spanish Movie	Garden Group Cognitive Corner	Sunshine Club	Easy Listening	Easy Listening	Easy Listening	
3:00 pm - 3:45 pm	Classic Movie Channel 5	Channel 5	Movement w/ Melissa	Snack Cart	Blockbuster Movie Channel 5	Easy Listening	Catholic Mass	
4:00 pm – 5:00 pm	1:1 Visits	1:1 Visits	Easy Listening	1:1 Visits	Easy Listening	Easy Listening	Easy Listening	

Every Wednesday at 6:30PM – Dinner and a Show 6th – Ice Cream Social 12th – Birthday Party of the Month



11th Floor Recreation Calendar

all programs subject to change