



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00 am – 10:00 am	Breakfast with the CNA's						
10:15 am- 11:00 am	Morning Music	Good Day Riverside	Good Day Riverside	Morning Music	Good Day Riverside	Saturday Morning News	Sunday Morning News
11:15 am- 12:00 pm	Gentle Stretch	Music with Evan (10:45)	Games With Corinne (11:30am)	Good Day Riverside	Music w/ Corinne	Movement *subject to change	Sunday Morning News
12:15 pm -1:00 pm	Guided Imagery	Pre- Lunch Tunes	Pre- Lunch Tunes	(12:30) Music with Corinne	What's in the News	Pre Lunch Tunes	Pre Lunch Tunes
1:00 pm – 2:00 pm	Lunch with the CNA's						
2:15 pm - 3:00 pm	Art & Crafts	Trivia	Number Challenge	Name that tune	Word Games	Movie Matinee	Sunday Musicals
3:00 pm - 3:45 pm	Name that Tune	Music and Dancing with the CNAs	Music and Manicures	Movie Matinee	Beading with Jasmaine (3:30)	Movie Matinee (cont)	Trivia with Melissa (3:30-4:30)
4:00 pm – 5:00 pm	Music with Rick (4:15-5:00)	Musical Relaxation With Corinne	Dance & Movement with Nathalie (3:45-4:30)	Movie Matinee	Music with CNAs	Musical Calm down with CNAs	Reminiscing
5:15pm- 5:45pm	Pet Therapy	Pre-Dinner time Tunes	Pre-Dinner time Tunes	Trivia	Pre-Dinner time Tunes	All programs are subject to change *	



7:00 pm –Live Performance!

11th Floor Recreation Calendar



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



March 2019



Celebrating Women's History Month, St. Patrick's Day, Purim, and Mardi Gras!

<p>3 10:30am Catholic Mass 2:30pm Richard Frank in Concert</p>	<p>4 10:30am Monday Mass 2pm-5pm Massages (floors 2, 3, 4, 5)</p>	<p>5 10:00am Bingo 11:00am Rosary 2:30pm Mardi Gras Party</p> <p>Mardi Gras</p>	<p>6 10:30am Ash Wednesday Mass 11:00am Urban Zen, 15th Fl 5:00pm Game Night</p> <p>Ash Wednesday</p>	<p>7 8am Breakfast Club 10:30am Tai Chi 2:30pm Joan Special Program 5pm Trivia</p>	<p>8 11:00am Yoga, 13th Floor 1:45pm Jewish Service, 12th Floor</p>	<p>9 10:30am Baptist Service 2:30pm Flow and Flair</p>
<p>10 10:30am Catholic Mass 2:30pm Shaaray Teflia Bingo</p> <p>Daylight Saving Time Begins</p>	<p>11 10:30am Monday Mass</p>	<p>12 10:00am Bingo 11:00am Rosary 5pm Mocktail Hour</p>	<p>13 11:00am Urban Zen, 15th Fl 1:30pm Communion (All Floors) 5pm Strolling Music</p>	<p>14 8am Breakfast Club 2:30pm Jewelry Making 5:00pm Painting with Richard Laurant</p>	<p>15 11:00am Yoga, 13th Floor 1:45pm Jewish Service, 12th Floor</p>	<p>16 10:30am Protestant Service 2:30pm Arts and Crafts</p>
<p>17 10:30am Catholic Mass 2:30pm Irish Dancers Performance</p> <p>St. Patrick's Day</p>	<p>18 10:30am Monday Mass 2pm-5pm Massages (floors 6, 7, 8, 9) 2:30pm Sewing Club</p>	<p>19 10:00am Bingo 11:00am Spanish Mass</p>	<p>20 11:00 Urban Zen, 15th Fl 1:30pm Communion (All Floors) 5pm Game Night</p> <p>Spring Begins</p>	<p>21 8am Breakfast Club 2:30pm Purim Program 5pm Choir Practice</p> <p>Purim</p>	<p>22 11:00am Yoga, 13th Floor 1:45pm Jewish Service, 12th Floor</p>	<p>23 10:30am Poetry Group 2:30pm Flow and Flair</p>
<p>24 10:30am Catholic Mass 2:30pm Juilliard Concert</p>	<p>25 10:30am Memorial Mass 2pm-5pm Massages (fls 10, 12, 13, 14)</p>	<p>26 10:00am Bingo 11:00am Rosary 2:30pm Resident Council 5pm Mocktail Hour</p>	<p>27 11:00am Urban Zen, 15th Fl 1:30pm Communion (All Floors) 5pm Strolling Music</p>	<p>28 8am Breakfast Club 2:30pm Birthday Party of the Month 6pm Geneva Conservatory of Music</p>	<p>29 11:00am Yoga, 13th Floor 1:45pm Jewish Service, 12th Floor</p>	<p>30 2:30pm Afternoon Yoga</p>

31
10:30am Catholic Mass
2:30pm Special Bingo

It was one of those March days when the sun shines hot and the wind blows cold: when it is summer in the light, and winter in the shade. –Charles Dickens

***All Programs subject to change*



Monday

FLOOR	TIME	ACTIVITY
2	10:00 am	Daily News with Evan
	2:00 pm	Songs of faith w/Evan
3	10:15 am	Daily News with w/Evan
	3:30pm	Trivia W/ Evan
4	10:00 am	Daily News with Joan
	2:30 pm	Movies & Mani's w/Joan
5	10:30 am	Music w/ Evan
	11:15am	Trivia w/Melissa
6	9:30 am	Daily News with Joan
	3:45 pm	Arts & Crafts with Joan
7	11:15 am	Bingo!
	4:15pm	Hangman
8	10:30 am	1:1 Visit w/ Melissa
	2:30pm	Poetry w/ Andrew
9	10:00 am	Daily News /Rolling Rec.
	3:10pm	Music & Trivia w/ Rick
10	11:00 am	Rolling Recreation w/ Andrew
	1:30 pm	Music Hr.
12	10:00am	Rolling Rec. w/Jaribeth
	11:00am	1:1 Visits w/Jaribeth
13	10:30 am	Rolling Rec. w/Melissa
	2:30pm	Afternoon Matinee Ch 39
14	11:30 am	Rolling Rec. w/Andrew
	3:30pm	Strolling Music w/Evan
Monday Memorial mass March 25 th @ 10:30am		Massages March 4 th , 18 th , 25 th @ 2pm-5pm



Tuesday

FLOOR	TIME	ACTIVITY
2	10:00am	Daily News w/Evan
	12:00 pm	1:1 visits w/ Melissa
3	10:30 am	Daily News w/ Evan
	11:15 am	Gentle Stretch
	2:15 pm	Trivia w/Shany
4	10:00 am	Daily News with Joan
	3:45 pm	Let's Travel with Joan
5	10:00 am	Daily News
	3:30 pm	1:1 Visits
6	9:30 am	Daily News with Joan
	2:30 pm	Let's Travel with Joan
7	10:30 am	Daily News
	2:30 pm	Discussion with Jaribeth
	3:30pm	Music with Evan
8	10:00 am	1:1 visits with Nathalie
	2:30 pm	You Be the Judge w/Nathalie
9	10:45am	We Move w/Nathalie
	12:15pm	Trivia w/ Andrew
	11:00 am	Rolling Recreation with Andrew
10	3:00 pm	Lit. Club with Andrew
	10:30 am	Rolling Rec. w/Jaribeth
12	10:30 am	Rolling Rec. w/Jaribeth
	11:00 am	1:1 visits w/ Jaribeth
13	10:00am	Rolling Rec. w/Jaribeth
	3:00pm	CNN News
14	11:30 am	Rolling Recreation w/Andrew
	3:00pm	CNN News
Every Tuesday: 10:00 Bingo (Solaruim)		March 5 th Mardi Gras party @ 2:30pm
11am Rosary		



Wednesday

FLOOR	TIME	ACTIVITY
2	10:00 am	Daily News with Evan
	2:00 pm	Gentle Stretch w/Evan
3	10:30 am	Daily News with w/Evan
	2:30pm	Movies & Mani's w/ Joan
4	10:30 am	Daily News with Joan
	11:00 am	Songs of Faith w/ Evan
5	10:00 am	Daily News Shany
	2:45pm	Music Bingo W/ Corinne
6	9:30 am	Daily News with Joan
	3:45 pm	Games with Joan
7	11:15 am	Bingo!
	3:15pm	Gentle Stretch
8	10:00 am	Daily News Jasmine
	11:15 am	Music & Mani's w/ Melissa
	3:30pm	Music w/ Evan
9	10:00 am	Daily News /Rolling Rec.
	12:00pm	Spelling Bee
	2:30 pm	Music & Mani's
10	11:00 am	Rolling Recreation w/ Andrew
	3:00 pm	Art with Andrew
12	10:30am	Rolling Rec. w/Jaribeth
	2:00pm	1:1 Visits w/Intern
13	10:00 am	Rolling Rec.
	3:30pm	1:1 visits w/Jaribeth
14	11:30 am	Rolling Rec. w/Andrew
	3:30pm	Strolling Musician w/Evan
Every Wednesday: Communion Visits (All Floors) @ 1:30pm		Wednesday March 20 th : Spring Begins!



Thursday

FLOOR	TIME	ACTIVITY
2	10:00 am	Daily News w/ Evan
	2:30 pm	Arts & Crafts with Joan
3	10:30 am	Daily News with Evan
	11:00am	1:1 visits w/ Jasmine
4	10:00 am	Daily News with Joan
	3:45 pm	Arts and Crafts with Joan
5	11:15 am	Music & Move w/ Corinne
	2:30 pm	1:1 Visits w/ Corinne
6	9:30 am	Daily News with Joan
	3:30 pm	Music With Evan
7	11:00 am	Daily News
	2:15pm	Art Studio
8	3:00pm	Balloon Tennis
	11:00 am	We Move w/ Nathalie
9	2:30pm	Sing –a-long w/Nathalie!
	11:00 am	Music With Evan
10	2:30 pm	Movie Hr.
	10:15 am	Rolling Recreation with Andrew
12	1:30 pm	It happened today w/Andrew
	10:30 am	Rolling Rec. w/Jaribeth
13	1:30 pm	Table Games w/ Intern
	10:00pm	Rolling Rec. W/Jaribeth
14	4:00pm	Evening Art Cart w/Andrew
	10:00 am	Rolling Rec. w/ Andrew
	3:00 pm	1:1 visits w/ Jaribeth

Every Thursday:
Breakfast Club 8:30

March 7th Tai Chi 10:30 am
March 21st Purim Party @ 2:30



Friday

FLOOR	TIME	ACTIVITY
2	10:00 am	Daily News w/ Evan
	3:30 pm	Bingo with Intern
3	10:30 am	Daily News W/Evan
	11:00 am	Current Events /Evan
4	10:30am	Daily News w/ Joan
	1:00pm	1:1 Visits w/ Jasmine
5	10:00 am	Daily News w/ Corinne
	2:45 pm	Music Therapy/ Discussion
6	9:30 am	Daily News with Joan
	3:30 pm	Cognitive Challenge W/Joan
7	10:30 am	Daily News
	11:15 am	Music & Moves
8	3:00 pm	Spa Hour
	10:00 am	Daily News w/ Nathalie
9	3:00 pm	Game Hour w/ Nathalie
	10:30 am	Daily News w/Nathalie
10	2:30 pm	Music & Mani's w/Jasmine
	10:00 am	Daily News w/Jasmine
12	2:30pm	Rolling Rec. w/ Andrew
	10:00 am	Rolling Rec w/Jaribeth
13	2:00 pm	Movie Matinee w/ Jaribeth
	10:00 am	Rolling Recreation w/Jaribeth
14	11:00 am	Yoga with Jorge
	2:30 pm	Tea & Coffee hr.
14	11:00am	Rolling Rec.
	3:30pm	1:1 Visit.



Every Friday:
Jewish Service 1:45pm 12th Fl.
Yoga 11:00am 13th Fl



MARCH 2019

March 5 th	2:30pm	Mardi Gras Party
March 6 th	10:30am	Ash Wednesday Mass
March 7 th	10:30am	Tai Chi
March 7 th	2:30pm	Arts and Crafts with Joan
March 14 th	2:30pm	Jewelry Making
March 14 th	5:00pm	Painting with Richard Laurant
March 18 th	2:30pm	Sewing Club
March 19 th	11:00am	Spanish Mass
March 21 st	2:30pm	Purim Celebration
March 21 st	5:00pm	Choir Practice
March 26 th	2:30pm	Resident Council
March 28 th	2:30pm	Birthday Party of the Month
March 28 th	6:00pm	Geneva Conservatory of Music

THE RIVERSIDE WEEKEND PROGRAMS

Sat. March 2nd	10:30 am	Colby & Friends
	2:30pm	TV Concert Series
Sun. Feb 3rd	10:30am	Catholic Mass
	2:30pm	Richard Frank
Sat. Feb 9th	10:30 am	Baptist Service
	2:30 pm	Flow and Flair
Sun. Feb 10th	10:30am	Catholic Mass
	2:30pm	Shaaray Tefila Bingo
Sat. Feb. 16th	10:30 am	Protestant Service
	2:30pm	Arts and Crafts
Sun. Feb 17th	10:30am	Catholic Mass
	2:30pm	Irish Dancers
Sat. Feb 23rd	10:30am	Poetry Group
	2:30 pm	Flow and Flair
Sun. Feb 24th	10:30am	Catholic Mass
	2:30pm	Juilliard Concert
Sat. Feb 30 th	2:30pm	Afternoon Yoga
Sun. Feb 31st	10:30am	Catholic Mass
	2:30pm	Special Bingo