



























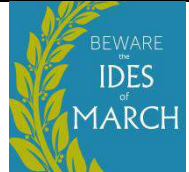












Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>   </div> <h1>MARCH 2024</h1> <h2>March to the beat of Spring!</h2>						
11:00am Catholic Mass (Solarium) <b>3</b>  2:00pm Strolling Music on 5 <sup>th</sup> and 7 <sup>th</sup> floor	Snack-a-tack 6 <sup>th</sup> & 14 <sup>th</sup> fl <b>4</b> 3pm Monday Classic Movie: 	Snack-a-tack 4 <sup>th</sup> & 10 <sup>th</sup> <b>5</b> 11:00am Tai Chi 5 <sup>th</sup> fl 4:30pm Mocktail Hr. (Solarium) 	Snack-a-tack 3 <sup>rd</sup> , 5 <sup>th</sup> , 7 <sup>th</sup> & 9 <sup>th</sup> <b>6</b> 2:30pm Urban Zen Community Class: 2 <sup>nd</sup> and 3 <sup>rd</sup> fl  6:30pm Live music on the 11th Floor	Snack-a-tack 2nd,8th,11th & 13th <b>7</b>  11:00 Yoga on 4 <sup>th</sup>	Snack Cart 12 fl <b>1</b> 11:00am Jewish Service 2 <sup>nd</sup> fl 3:00pm Friday Movie (Chanel 5):	10:00am : Rolling Rec (all 2 units) 2:30 Flow & Flair! Flags & Movement Program (Solarium)
11:00am Catholic Mass (Solarium) <b>10</b> 2:30pm Crafts w/ Arianna (St. Patrick's Day Theme-Solarium)  Ramadan Begins Daylight Saving Time Begins	Snack-a-tack 6 <sup>th</sup> & 14 <sup>th</sup> fl <b>11</b>  2:30pm Woman's Club w/ Maria (Solarium) 3pm Monday Classic Movie:	Snack-a-tack 4 <sup>th</sup> & 10 <sup>th</sup> <b>12</b> 11:00am Tai Chi 5 <sup>th</sup> fl  2:30pm Art w/ Susan! (5 <sup>th</sup> floor) 	2:00pm Riverside Store (solarium) <b>13</b> 2:30pm Urban Zen Community Class: 4 <sup>nd</sup> and 6 <sup>th</sup> fl 4:30pm Veteran's Club (15 <sup>th</sup> floor)  6:30pm Live music on the 11th	Snack-a-tack 2nd,8th,11th & 13th <b>14</b> 11:00 Yoga on 4th  4:30pm Spirit's Up Jazz Duet (Solarium)	Snack Cart 12 fl <b>15</b> 11:00am Jewish Service 2 <sup>nd</sup> fl 3:00pm Friday Movie (Chanel 5):	10:00am : Rolling Rec (all 16 units) 11:00am Baptist Service (15 <sup>th</sup> floor) 
11:00am Catholic Mass (Solarium) <b>17</b> 2:30pm St. Patrick's Day Live Performance (Solarium) 	Snack-a-tack 6 <sup>th</sup> & 14 <sup>th</sup> fl <b>18</b>  MEN'S GROUP 2:30 Men's Club w/Evan (Solarium) 3pm Monday Classic Movie:	Snack-a-tack 4 <sup>th</sup> & 10 <sup>th</sup> <b>19</b> 11:00am Tai Chi 5 <sup>th</sup> fl  4:30pm Greenaway Jazz Trio (Solarium) Spring Begins	Snack-a-tack 3 <sup>rd</sup> , 5 <sup>th</sup> , 7 <sup>th</sup> & 9 <sup>th</sup> <b>20</b> 11am Riverside Shopping Market Extravaganza! (Solarium)  2:30pm Urban Zen Community Class: 5 <sup>th</sup> and 7 <sup>th</sup> fl	Snack-a-tack 2nd,8th,11th & 13th <b>21</b> 11:00 Yoga on 4th 2:00pm Purim Celebration: Carnival (15 <sup>th</sup> floor – Gym)	Snack Cart 12 fl 11:00am <b>22</b> Jewish Service 2 nd fl 1:30pm Virtuwell (9 <sup>th</sup> floor) 2:30pm Virtuwell ( 14 <sup>th</sup> floor) 	10:00am : Rolling Rec (all 23 units) 2:30 Super Saturday Bingo!!! (Solarium)  Purim Begins
11:00am Palm Sunday Mass (Solarium) <b>24</b> 2:30pm Volley Ball w/ Alba (Solarium) 	Snack-a-tack 6 <sup>th</sup> & 14 <sup>th</sup> fl <b>25</b> 3pm Monday Classic Movie: 	Snack-a-tack 4 <sup>th</sup> & 10 <sup>th</sup> <b>26</b> 11:00am Tai Chi 5 <sup>th</sup> fl  2:30 Resident Council 15th fl 	Snack-a-tack 3 <sup>rd</sup> , 5 <sup>th</sup> , 7 <sup>th</sup> & 9 <sup>th</sup> <b>27</b> 2:00pm Riverside Store (solarium) 2:30pm Birthday Party of the Month  6:30pm Live music on the 11th	Snack-a-tack 2nd,8th,11th & 13th <b>28</b> 11:00am Holy Thursday Mass (Solarium) 4:30 Ahn's Recital Solarium 	Snack Cart 12 fl 11:00am <b>29</b> Jewish Service 2 nd fl 11:00am Good Friday Mass (solarium) 3:00pm Friday Movie (Chanel 5):	10:00am : Rolling Rec (all units) 2:30pm Trivia Hour with G (15 <sup>th</sup> floor) 
11:00am Easter Mass (Solarium) <b>31</b> 2:30pm Bingo Solarium  Easter Sunday	<div>    </div>					



# The Riverside's Daily Therapeutic Recreation Calendar!



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:30am-10:25am	Good Day Riverside 2,3,4,5,6,8,9,11,12,13,14	Good Day Riverside 2,3,4,5,6,7,8,9,10,11,12,13,14	Good Day Riverside 2,4,5,7,8,9,10,11,12,13	Good Day Riverside 2,3,4,6,8,9,10,11,12,13,14	Good Day Riverside 2,3,4,5,6,8,9,10,11,12,13,14	Good Day Riverside 2,3,4,5,6,7,8,9,10,11,12,13,14	Good Day Riverside 2,3,4,5,6,7,8,9,10,11,12,13,14
10:30am	1:1s on 4 <sup>th</sup> fl 1:1s on 9 <sup>th</sup> fl Good Day on 7 <sup>th</sup> fl	1:1 visits on 7 <sup>th</sup> fl 1:1 visits on 9 <sup>th</sup> fl 1:1 visits on 14 <sup>th</sup> fl	Good Day on 3 <sup>rd</sup> fl 1:1 visits on 8 <sup>th</sup> fl	Good Day on 5 & 7 fl 1:1 visits on 12 <sup>th</sup> fl 1:1 visits on 13 <sup>th</sup> fl	1:1 visits on 2 <sup>nd</sup> fl 1:1 visits on 6 <sup>th</sup> fl	1:1 visits on 5 <sup>th</sup> fl 1:1 visits on 7 <sup>th</sup> fl 1:1 visits on 10 <sup>th</sup> fl	<div>+</div> <div>Sunday Mass Solarium at 11AM</div> <div>1:1 visits (select floors)</div>
11:00am	Bowling on 9fl w/ Melissa  Hallway Music on 4fl & 6fl	Music Hr. w/ Evan on 2fl Tai Chi on 10 fl  1:1 Spa Visits on 4fl	Spa Treats on 11fl Live Music on 5 fl Coffee & Ted Talks on 13fl Café Hour on 12fl	Music Hr. w/ Evan on 7 Yoga on 4 fl Urban Zen Class on 11 Virtual Travel on 9	Jewish Service on 2fl Horticulture on 12 fl Morning Exercise on 14 fl	Hallway music on 12, 13, 14 	
12:00pm	Bingo on 5 fl 	 Name That Tune / Trivia on 2 <sup>nd</sup> fl	1:1 Reminiscence Visits on 9 <sup>th</sup> fl 		Hallway music all units		Hallway music all units 
1:00pm	Hallway music on 4fl and 6fl	Hallway music on 5fl and 7fl	Hallway music on 8fl Hallway music on 9fl	1:1 visits on 14fl	Hallway music on 12 & 13fl	Rolling Recreation (select floors)	1:1 visits Spa Visits on 5 <sup>th</sup> fl
2:00pm	Snack Cart on 14 fl Arts & Crafts on 12 fl Music w/ Evan 2 fl	Trivia on 9 fl Arts & Crafts on 8 fl Riverside Store on 15 (select Tuesdays)	Cognitive Corner 11 Snack Cart: 3,5,7,9 fl Urban Zen Movement Class (alternating units)	Snack Attack on 2fl, 11fl, and 13fl  2:30PM Trivia on 5fl	Bingo on 12 	Saturday Games, Crafts, and Clubs (Solarium 2:30PM)	Sunday Music, Games, and Crafts (Solarium 2:30PM) 
3:00pm	Music Hr. w/ Evan on 3 fl Monday Classic Movie Ch 5 Bingo on 14 fl	Snack Cart on 6 & 10 fl Music w/ Evan 3 fl Bowling on 2 fl	Music w/ Evan 2 fl 1:1 spa visits 8 fl Bingo on 13 fl 1:1 Readings on 7 fl	Music w/ Evan on 3 fl Arts & Crafts on 4 fl 	Music 1:1s on 10fl Snack Cart on 12 fl Music w/ Evan on 3	Weekend activity packets	
4:00pm	1:1 Visits on 7 fl Bingo on 6 fl Arts & Crafts on 13 fl 	Game Hour on 6 fl 1:1 Visits on 5 fl	Jeopardy/Trivia on 14 Hallway music 4, 6, 7	Music Group / 1:1 on select floors	Trivia on 10 fl	<div>Special Events:</div> <div><div>• March 10: Daylight Savings Time</div><div>• March 10: Ramadan Begins</div><div>• March 17: St. Patrick's Day</div><div>• March 19: Spring Equinox</div><div>• March 23-24: Purim</div><div>• March 25: Holi (Hindu Festival of Colors)</div><div>• March 31: Easter Sunday</div></div>	
5:00pm	Bingo on 8 fl 4:30-5:30	Snack Cart on 4 fl 	Live Music on 11 fl 6:30pm-7:30pm	1:1 Communion on all units 	Friday Movie Ch 5 at 3:00PM		
<div>*Activity Calendar Subject to Change</div> <div>HELLO SPRING</div>			<div>WOMEN'S HISTORY MONTH</div> <div></div>		<div>"Spring is far more than just a changing of seasons; it's a rebirth of spirit." -Toni Sorenson</div>		